



Online Counseling for TCDRS Members

Online counseling is having a face-to-face counseling session with a TCDRS representative from the privacy of your home or office. All you need is a computer or mobile device, and an internet connection.

During a session of online counseling, a TCDRS representative will:

- Talk about retirement benefits
- Provide personalized estimates
- Review benefit payment options



**Registration is as
easy as 1, 2, 3!**

- 1 Visit [TCDRS.org/OnlineCounseling](https://www.tcdrs.org/OnlineCounseling)
- 2 Click the Registration link and pick a date and time for your appointment
- 3 Follow the instructions in the confirmation email

Once registration is complete, we'll send an email confirmation with detailed instructions on how to access the session.

Register for an online, 30-minute counseling session today!

Availability is limited. If you have any questions about online counseling, call TCDRS Member Services at 800-823-7782.



Scan this QR code to schedule an online counseling appointment with TCDRS today!